

Safety at camp

Safe Swim

1. Buddy System-

When swimming anywhere, before going in the water in scouting, or just with friends, it is always important to remember to use the buddy system. If someone were to walk in the water where there is a deep trench and slip, you are always there to call for help. You always should check up on your buddy to make sure he is okay.

2. Qualified Supervision-

When going swimming, not only do you need a buddy, but an experienced leader or lifeguard which will know what to do in case of an emergency. You are there to protect your buddy, and then a lifeguard will take action. The supervisor should also have checked the area before anyone continues into the water to swim.

3. Ability-

It is first necessary to get a physical exam taken to identify any risks that may affect your swimming ability. Also, once at the beach, it will be necessary to take the swim test. You must be classified as a swimmer to be able to swim in the water. If you think you are only an okay swimmer, you will be put at a lower level and be able to swim in a shallow section of the beach.